

What is Substance Use Disorder (SUD)?

Substance Use Disorder (SUD), sometimes called addiction, is a long-term health condition that affects how a person thinks, feels, and behaves. It can lead to using alcohol or substances even when it causes harm.

SUD can affect anyone, regardless of age, background, or life situation. It often develops over time and may be influenced by many factors, such as stress, trauma, environment, and the level of support a person has.

While substance use may begin as a choice, repeated use can change how the brain works. This can make it harder to stop, even when someone wants to. These changes can affect decision-making, motivation, and self-control.

At Riverwood Center, we understand that recovery looks different for everyone. As a Certified Community Behavioral Health Clinic (CCBHC), we provide supportive, person-centered care to help individuals and families move forward with strength and hope.



About Us

Riverwood Center, the service name of Berrien Mental Health Authority, is a Certified Community Behavioral Health Clinic (CCBHC), delivering quality mental health services and programs since 1975. Riverwood Center provides a wide variety of caring and confidential services to children, families and adults with mental illnesses, intellectual and/or developmental disabilities, and substance use disorders.



LEARN MORE



Contact

24/7 Crisis Line: 1-800-336-0341
Direct Phone: 269-925-0585
Customer Service: 1-866-729-8716
Life-threatening Emergency: 911
TTY: MI Relay Service at 7-1-1

Locations & Hours

Benton Harbor (Main Office)
1485 M139, Benton Harbor, MI 49022

Main Office Hours:
M-F, 8:30 am to 5:00 pm

Niles Office
24 N. St. Joseph Ave., Suites A & G
Niles, MI 49120

St. Joseph Office (*Inside Corewell Health)
3900 Hollywood Rd., Ste #245
St. Joseph, MI 49085

ATENCIÓN: Si habla español, hay servicios gratuitos de asistencia con el idioma para usted. Llame al 1-800-890-3712 (TTY: 7-1-1)

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Substance Use Disorder Services

Support for Change.
Strength for Recovery.



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RiverwoodCenter.org

“You don’t have to have all the answers—just the courage to begin.”

Healing Happens Here

Your path to recovery is unique — and so is our care. At Riverwood Center, we bring together compassionate professionals, proven supports, and community resources to help you move towards hope, healing, and a healthier tomorrow.

Take the First Step Toward Recovery

We know recovery is a journey, and the first step can feel like the hardest. You don’t have to do it alone. We’re here to support you as you face challenges and move toward a healthier, more hopeful future.

Our whole-person approach focuses on both your mental and physical well-being every step of the way.

Getting started is simple. Call us directly at 269-925-0585 and a member of our Access Team will be honored to help you. Prefer a toll-free option? Reach our Customer Service line at 1-866-729-8716.

All calls are private and confidential.

Need Detox or Residential Support?

For help with detox, residential services, or Medication-Assisted Treatment (methadone only), call Southwest Michigan Behavioral Health (SWMBH) at 1-800-781-0535 or visit them online at www.swmbh.org,

Substance Use Services

Support, treatment, and resources designed to meet you where you are.

- Assertive Community Treatment (ACT)
- Case Management
- Community Living Supports (CLS)
- Early Intervention Group
- Employment Connections (Supported Employment)
- Intensive Outpatient Program (IOP)
- Medication-Assisted Treatment (MAT)
- Motivational Enhancement Group
- Recovery Management (RM)
- Relapse Prevention / After Care
- Self-Determination
- SUD/Co-Occurring Individual Therapy
- SUD-Higher Level of Care (HLOC)
- Women’s and Families Speciality Services

*The above is not a complete list of services and programs. During your assessment and person-centered planning, a Riverwood Center Case Manager will work with you to explore and identify any additional services, both internal and local, that may help you reach your recovery and wellness goals.

Stronger Together

Group support can help you build skills, find encouragement, and move forward.

Intensive Outpatient Program (IOP): 36 sessions over 12 weeks, meeting Monday, Tuesday, and Thursday. This program helps you learn coping skills, build routine, and stay accountable in early recovery.

Recovery Management

A 24 session group that meets once a week to help you build a stable, healthy life after achieving sobriety.

Moral Reconciliation Therapy (MRT)

A 16 session group that helps improve decision-making and personal growth through education, counseling, and guided activities.

Brief Marijuana/Cannabis Treatment

An 8 session program that helps you build the skills needed to make changes, including stopping marijuana/cannabis use.

Teen Substance Use Disorder Group

A 7 session program for teens that helps them stop using marijuana/cannabis and understand how it affects mood and behavior.

Helping Women/Men Recover

A 34 session program, one designed for men and one designed for women, both focused on building self-worth, personal growth, and a healthier path forward.

MRT Domestic Violence Bringing Peace to Relationships

Understanding how to make change in values, morals and beliefs of the inner self which may have led to aggression towards intimate partners, family members and more.